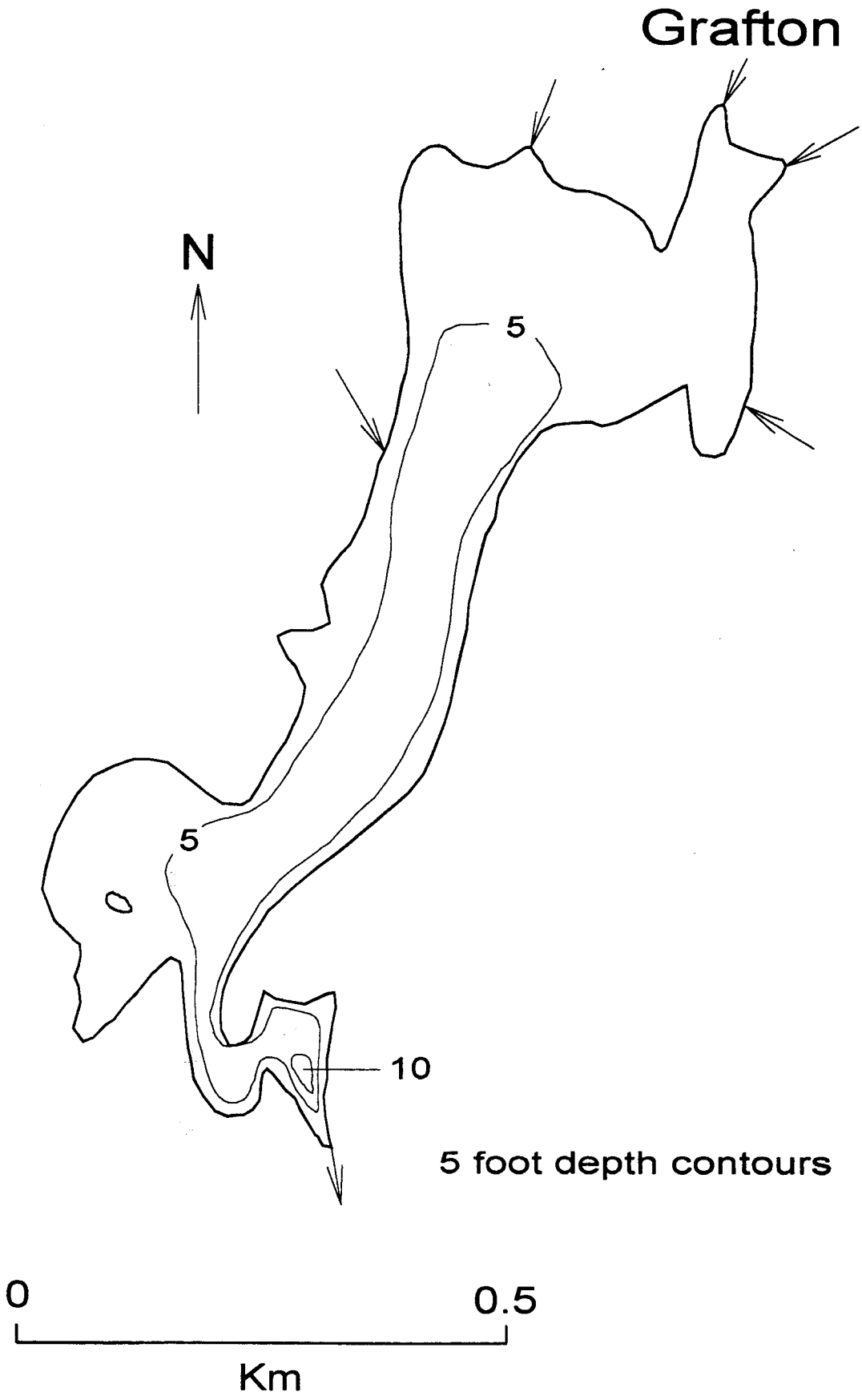Kilton Pond